



BACKGROUND

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PARENT-CHILD INTERACTION THERAPY BACKGROUND

Parent-Child Interaction Therapy (PCIT) is an innovative counseling program offered through Child Guidance Center (CGC), a Santa Ana-based non-profit organization committed to helping children and parents achieve their potential as loving, responsible families. CGC received PCIT certification by UC Davis in 2004, and since then has worked in partnership with the university to introduce the benefits of PCIT to Orange County families. Through its extensive certified PCIT staff, multiple locations, and partnerships with various health and educational agencies, CGC has become the premier provider of PCIT services in Orange County, Calif.

About Child Guidance Center

Founded in 1967, CGC works in conjunction with numerous organizations, including the Orange County Health Care Agency Mental Health and Social Services Agencies, to provide psychological testing, psychiatric consultation, in-depth counseling programs, parent training, and medication support for families in the greater Orange County area. CGC is supported by key funders including United Way, Children & Families Commission of Orange County, Orange County Community Foundation, The Boeing Company, Pacific Life Foundation and the Miracle Foundation.

Each week, CGC's multi-disciplinary staff of 50 clinicians (including seven board-certified child psychiatrists) serves more than 1,050 children and families who have been or are experiencing emotional or behavioral problems; physical, emotional or sexual abuse; and/or learning problems secondary to underlying emotional or behavioral issues.

CGC provides its services through three main facilities located in Buena Park, Fullerton and Santa Ana, two satellite offices in Santa Ana (Corbin Family Resource Center and the Minnie Street Family Resource Center), one satellite office in Tustin (The Tustin Family Resource Center) and at the Orange County Rescue Mission in Tustin. Therapists also travel to several different school sites throughout Orange County to provide services.

About Parent-Child Interaction Therapy

PCIT is a brief-term program that is clinically proven to build healthy relationships between caregivers and their children ages 2-10. Observing from behind a one-way mirror, a therapist coaches the parent through a wireless earpiece in the parent's ear on specific ways of responding and managing the child's behavior while he or she plays. By offering unique, in-the-moment counseling, the therapist provides a caregiver with immediate and effective responses to the child's behavioral issues—*as they occur*.

About the New Mission Viejo Facility

While PCIT has previously focused on serving at-risk families, CGC's new state-of-the-art facility in Mission Viejo, Calif., delivers the highly effective, exciting program to families throughout South Orange County who want to enhance their children's relationships at home, school and in the community. At the new location, PCIT sessions are available at an hourly rate on a sliding fee basis. Proceeds go to the Child Guidance Center to help provide PCIT and other counseling services to children and families who otherwise could not afford them. Other types of traditional counseling services will also be provided at the Mission Viejo site.

In addition, CGC plans to bring the highly effective PCIT program to pre-schools, nurseries, childcare facilities and other Orange County locations. Current expansion plans include Costa Mesa, Calif.

For more information about CGC and PCIT, visit www.cgcc.org.