



PARENT-CHILD INTERACTION THERAPY BACKGROUNDER

Parent-Child Interaction Therapy (PCIT) is an innovative counseling program offered through Child Guidance Center (CGC), a Santa Ana-based nonprofit organization committed to helping children and parents achieve their potential as loving, responsible families. CGC received PCIT certification by UC Davis in 2004, and since then has worked in partnership with the University to introduce the benefits of PCIT to Orange County families. Through its extensive certified PCIT staff, multiple locations, and partnerships with various health and educational agencies, CGC has become the premier provider of PCIT services in Orange County, California.

About Child Guidance Center

Founded in 1967, CGC works in conjunction with numerous organizations, including the Orange County Health Care Agency Mental Health and Social Service Agencies, to provide psychological testing, psychiatric consultation, in-depth counseling programs, parent training, and medication support for families in the greater Orange County area. CGC is supported by key funders including United Way, Children & Families Commission of Orange County, Orange County Community Foundation, The Boeing Company, Pacific Life Foundation and the Miracle Foundation.

Each week, CGC's multi-disciplinary staff of over 50 clinicians (including board-certified child psychiatrists), serves over 1000 children and families who have been or are experiencing emotional or behavioral problems; physical, emotional or sexual abuse; and/or learning problems secondary to underlying emotional or behavioral issues.

CGC provides its services through three main facilities located in Buena Park, Fullerton, and Santa Ana, two satellite offices in Santa Ana (Corbin Family Resource Center and the Minnie Street Family Resource Center) and one in Anaheim (The Anaheim Harbor Family Resource Center). Therapists also travel to schools throughout Orange County to provide services.

About Parent-Child Interaction Therapy

PCIT is a brief-term program that is clinically proven to build healthy relationships between caregivers and their children ages 2-10. Observing from behind a one-way mirror, the therapist coaches the parent through a wireless earpiece in the parent's ear on specific ways of responding and managing the child's behavior while he or she plays. By offering unique, in-the-moment counseling, the therapist provides a caregiver with immediate and effective responses to the child's behavioral issues – *as they occur*.

For more information about CGC and PCIT, visit www.childguidancecenter.com or call 714-953-4455