

### PCIT Outcomes

- 50+ research studies have documented the effectiveness of PCIT
- Research suggests skills acquired maintain for up to six years
- Twenty-plus years of demonstrated success

### PCIT Training & Experience

- Therapists trained by UC Davis, CAARE Team; Ongoing advanced training in PCIT methodology
- Largest PCIT Provider in Orange County
- **CGC has provided PCIT services to over 2000 families**

### Fees

PCIT is offered to Southern California families on a sliding-scale fee basis. Information required for health insurance reimbursement is provided to families upon request. For those families who qualify, services may be covered by a government program.

#### CONTACT INFORMATION

To learn more or to make an appointment today, call (714) 953-4455, or visit

[www.pcitmethod.com](http://www.pcitmethod.com)

[www.childguidancecenter.com](http://www.childguidancecenter.com)

Founded in 1967, Child Guidance Center (CGC) helps children and parents throughout Orange County achieve healthier, better balanced lives through innovative counseling and educational enrichment programs.

Each week, CGC's multi-disciplinary team treats more than 1000 children and families.

#### Other Services Offered At Our Locations:

- INDIVIDUAL THERAPY
- COUPLES THERAPY
- FAMILY THERAPY
- GROUP THERAPY
- COGNITIVE BEHAVIORAL THERAPY
- WELLNESS SEMINARS
- PSYCHOLOGICAL ASSESSMENT
- TEACHER-CHILD INTERACTION TRAINING (TCIT)



Santa Ana  
Fullerton ■ Buena Park



No more...

- ✗ Temper Tantrums,
- ✗ Whining, &
- ✗ Bad Behavior.

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From Ear Piece...  
**To Life Peace.**

**Parent-Child Interaction  
 Therapy (PCIT)**

**PCIT is an innovative, brief-term and award-winning coaching approach proven to enhance parent-child relationships, improve child behavior and empower parents to use effective, consistent parenting strategies.**

Observing the parent-child interaction from behind a one-way mirror, the PCIT therapist coaches the parent through a wireless earpiece on how to handle behavioral issues immediately **at the moment** they occur.

A whisper worth a  
**Thousand Words**

**PCIT is clinically proven to:**

- Take the guesswork out of parenting
- Restore parental confidence
- Work with the parent and child together
- Solve child behavioral issues quickly and effectively
- Provide the skills necessary to achieve a loving and peaceful home

**PCIT is ideal for children ages 2-10 who:**

- Have temper tantrums
- Whine
- Backtalk
- Are defiant
- Refuse to follow directions
- Engage in power struggles
- Disrupt daycare, school or home settings
- Are aggressive towards parents, siblings and other children

*“PCIT has helped me change my relationship with my son. I enjoy him so much now, the negative behaviors are a memory of the past. I am amazed at how complete the transformation was... I am a much more confident, consistent parent. My son has gained life skills that I did not know how to teach – the ability to think before speaking and reacting. The skills we have both learned are invaluable...”*

*Emily, South Orange County*

**PCIT HAS TWO PHASES:**

**1. Relationship Enhancement**

Parents are coached on *how to* strengthen the parent-child relationship and develop consistently positive and supportive communications.

**2. Child Management**

Parents are taught and coached on specific elements of effective discipline and child management skills.

In both phases, the parent/caregiver practices and masters newly-learned relationship enhancement and child management techniques with their child under the direct supervision of their coach, a licensed professional (Marriage/Family Therapist, Clinical Social Worker or Psychologist).



**The PCIT Promise**

Our Proven Solution...

**Better Behaved  
 Children**